

Guidelines for Paper Submission:

- Abstract: Word limit 250-350 and 05 keywords
- Full paper: Word limit 1500 - 2500
- Font: Times New Roman
- Font Size: 12
- Line Spacing: 1.5 and Justified
- References: MLA Style

Kindly note:

- **Abstract/ Full Paper Submission:** The abstract and the full paper can be sent to xidasnatsem2025@ximj.ac.in as per the above said date.

Registration Details:

Outstation Paper Presenter/ Participants: Rs. 1500/-

Outstation Research Scholar / Student Participant Paper Presenter: Rs. 1,000/-

*** (Includes Seminar kit, food and Accommodations on all days of the Seminar)

Local Participants Paper Presenter: Rs. 1,000/-

Local Research Scholar / Student Paper Presenter: Rs. 7,00/-

Local Student Participants: Rs. 4,00/-

*** (Includes Seminar kit, food and tea/snacks on all days of the Seminar).

Payment Details:

- Demand Draft in favour of 'XIDAS' payable at Jabalpur, (M.P.)

- Online: Name: XIDAS

Bank Name: Bank of Maharashtra

Account No.: 60101228334

MICR No.: 482014501

IFSC Code: MAHB0001567

N.B.: Participants are requested to kindly send the transaction copy after submission of the Registration payment through email and scanned copy of the payment document.

Seminar Organizing Committee:

Chairperson

Dr. Fr. Alfred Toppo, SJ

Vice-Chairperson

Dr. Fr. Oscar S. Tirkey, SJ

Seminar Convenors

Dr. Fr. Fulchandra Kujur, SJ

Fr. Stanislaus Tirkey, SJ

Fr. Dino Toppo, SJ

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National Seminar

on

Recent Trends Towards Wellness & Sustainability Strategies & Approaches

Estd. 1995



**October 16 & 17, 2025
at XIDAS Campus**



**Organized by
XIDAS, Jabalpur (M.P.)**

Partner Institute



**CAMPION LEARNING INSTITUTE
Bhopal (M.P.)**



**MANAV VIKAS SEVA SANGH (MVSS)
Sagar (M.P.)**

About the Institute:

December 3, 1995, saw the founding of the Xavier Institute of Development Action and Studies (XIDAS). The Jesuit Society is the management of XIDAS, a registered nonprofit educational organization. The institute's main goal is to support the economically disadvantaged, disenfranchised, and left-behind segments of society that are neglected by powerful organizations during the development process.

In Central India, the only Jesuit management institute. It has a 30-year reputation for providing top-notch management and environmental education. By involving its teachers and students in real-world projects and programs that are managed by its development wing, the Institute has a very distinctive methodology for bringing field-level expertise into the classroom.

About the National Seminar:

Recent Trends towards Wellness & Sustainability: Strategies & Approaches discusses the concept of wellness and sustainability with a special focus on its role and key issues related to the changes that have taken place in the National and International levels. In recent years, the focus of attention regarding the recent trends of Wellness & Sustainability and its Strategies & Approaches

Focus:

- To provoke debate among academicians, experts and other stakeholders in development policy and practice on how opportunities in Wellness & Sustainability
- To build strategies to respond to the impact of Wellness & Sustainability and identify the appropriate technology and capacity building needs for financial institutions involved in sustainable development.
- To discuss and develop the mechanisms and implement mitigation actions and solutions that can improve in the recent trends and motivate youth towards employability.
- Encourage human resource in providing ways for skill development and start-up for employability at regional, national, and international levels

Themes & Sub-Themes: Call for Paper and Presentation: Management

- Wellness & Sustainability and Health Issues
- Impact of Wellness & Sustainability on Biodiversity
- Creating and maintaining living and working spaces that are safe, healthy, and sustainable
- Reducing emissions and resources required to provide healthcare
- A major concern in higher education, especially during the pandemic
- Impact of Entrepreneurship on Human Resource at Workplace
- Approach of Youth towards skill development and employability
- Entrepreneurship and its Impact on Work Life Balance
- Attitude and Lifestyles of people towards Wellness & Sustainability
- Green Marketing
- Wellness & Sustainability and Marketing Strategies
- Marketer's Opportunities and Challenges with Wellness & Sustainability
- Wellness & Sustainability and its impact on Cost.
- Being financially secure and planning for the future
- Saving prudently to retire comfortably
- Threat to human health and well-being
- Factors in decreased stress
- Holistic approach to well-being that considers environmental, economic, and social factors
- Ways to improve health outcomes and reduce pollution- and environment-related disease

NB: And on Multidisciplinary Themes & Sub-Themes papers can be submitted.

Important Dates:

Registration Open:

July 20, 2025

Submission of the Abstracts:

August 20 (Abstract words limit 250 to 350 words and 5 Keywords).

Notification of Acceptance:

August 28, 2025

Submission of Full Length paper:

September 15, 2025 (Length of the Full Research Paper with word limit 1500 to 2500. The paper must be presented by the Author or the Co-Author)

Notification of Acceptance full papers:

September 20, 2025

Last date for Registration:

September 30, 2025 (Non-Paper Presenter can also participate in the Seminar)